

HOW CAN PARENTS PROTECT CHILDREN FROM EXPOSURE TO PORNOGRAPHY?

FILTERING 101: PROTECT KIDS FROM PORN ON NEW DEVICES	HOW?	REFERENCE
1. Filter the wireless signal in your home	<ul style="list-style-type: none"> • Download or buy software programs to assist you in filtering your wireless signal. • See Table below for more details on available software programs or apps 	(Filtering 101: Protect Kids from Porn on New Devices, 2017)
2. Set parental controls on individual devices	<ul style="list-style-type: none"> • “Set Parental Controls on Christmas Presents” (McKenna, 2017 December). • Register with a pornography blocking program that enhances parental control on tech devices, teach kids accountability and offers filtering solutions that grow with them. Follow the link for recommended program, Covenant Eyes (Covenant Eyes). 	(Filtering 101: Protect Kids from Porn on New Devices, 2017)
3. Help kids develop internal filters	<ul style="list-style-type: none"> • Teach children about the harms of pornography. Follow the link to “The Porn Talk: Five Tips Every Parent Needs to Know” (Jenson, 2014). • Use <i>Protect Young Minds</i> resources to help define pornography in a way that young children can understand (Protect Young Minds > Resources). • Stay up to date with the latest news, resources, tips and threats (Protect Young Minds > Blog). 	(Filtering 101: Protect Kids from Porn on New Devices, 2017)

	<ul style="list-style-type: none"> • Create a safe place where kids can feel comfortable to talk to parents about anything (Jenson, 2017). • Parents can use the following resources to help their children understand what pornography is, why it is harmful and how kids can reject pornography when they encounter it: <i>Good Picture Bad Pictures Jr: A Simple Plan to Protect Young Minds</i> and <i>Good Picture Bad Pictures: Porn-Proofing Today's Young Kids</i> (Good Pictures Bad Pictures Books). • Children can build their own internal filter with the 5 step CAN DO plan and learn how to reject pornography (Filtering 101: Protect Kids from Porn on New Devices, 2017). 	
<p>4. Other Programs that can help parents protect their children</p>	<ul style="list-style-type: none"> • The Quick Start Guide for Proactive Parents: Prepare children to reject pornography with "Prepare to Porn-Proof Your Child Guide and the new CAN DO Plan. • The SMART Plan Guide for Parents: Help kids to heal from pornography exposure and use and it includes "7 Tips for Overcoming Pornography". • Inoculating Kids Against the Pandemic of Pornography: A DIY Presentation outline and it includes "10 Porn Stats Every Sceptic Needs to Know". 	<p>(Protect Young Minds > Resources)</p>

HOW CAN PARENTS SET UP NON-ANNOYING PARENTAL CONTROLS ON ALL DEVICES?

What to do	Device/Program	Reference
<p>1. Set up parental controls on your Smartphone</p>	<p>iOS: Under Settings > General > Restrictions. Enable the restrictions as preferred and type in a four-digit passcode so that children cannot access any apps. If an app like Safari or YouTube is disabled, it will be removed from the screen. The same applies for age-restrictions for other apps and games.</p> <p>Android: Some devices have content-filtering under Settings, but it does not appear to block web content, restrict apps lock down purchases. <i>Android Parental Control</i> is a free app that can restrict access to apps that have ratings. It makes restricted app invisible.</p> <p>Windows Phone 7: Mango must be used to get access to parental controls and it works in tandem with <i>Windows Live Accounts</i>. A special account with parental protections must be set up. It blocks usage and downloading of rated apps but does not control web browsing.</p>	<p>(Klosowski, 2011)</p>

<p>2. Set Up Parental Controls on Your Consoles and Set Top Boxes</p>	<p>PS3/PSP: The PS3, under Settings > Security Settings, gives you the option to restrict games, DVD and Blu-Ray playback, website browsing and access to the PSN Store. Choose options between 1 and 11, which is a little confusing, but it is explained in the user agreement. A four-digit code is used to regain access to any content and content that is locked will show a lock icon when the game/DVD is inserted into the disc player. Parental controls are located in the same place on the PSP.</p> <p>Xbox 360: Under the Settings tab on the dashboard > hit the Family icon. It enables you to block specific ratings, timers and access to online sites. There are also exceptions under the Ratings and Content tab. A four-digit code is required to give access to restricted content.</p> <p>Wii/SA/3DS: Wii does not have a lot of mature content, but access to specific games and the internet can be restricted. Parental controls are under System Settings > Parental Controls. Block the web browser, online functionality and games based on ratings. Similar to above gaming consoles, a four-digit code will be required to get access to restricted content.</p> <p>DVD/Blu-Ray/Television: Most modern DVD, Blu-Ray players and TVs have parental controls built into the device that can be located under the Settings menu.</p>	<p>(Klosowski, 2011)</p>
---	---	--------------------------

<p>3. Set Up Parental Controls on your Computer and Browsers</p>	<p>OS X: From Apple Menu, click System Preferences > Parental Controls. Here you can create or convert a new account with parental settings. It restricts access to websites by using the Automatic setting, which blocks adult internet content based on filters provided by The RTA and SafeSurf. A Whitelist can also be set up to give access to sites that you approve. Specific utilities, mail, and chat can be blocked.</p> <p>Windows: Click Start > Control Panel > User Accounts and Family Safety. Set up parental controls for any user, such as time limits, access to certain games and programs. If you use Vista, an automatic web filtering tool can be found.</p> <p><u>Browser Settings and Extensions</u></p> <p>Chrome: <i>StayFocused</i> is a productivity extension that can block websites and domains. For more information on this feature follow the link below: https://chrome.google.com/webstore/detail/stayfocused/laankejkbhbdhmipfmgcngdelahlfoji <i>TinyFilter</i> is another extension that filters out profanity and various types of offensive content. These can be disabled.</p> <p>Firefox: <i>FoxFilter</i> blocks web content based on criteria and specific words and can be disabled with a password: https://addons.mozilla.org/en-US/firefox/addon/foxfilter/?src=search</p> <p><i>brOOzi</i> only allows a child to visit the sites that the parent approves: https://addons.mozilla.org/en-US/firefox/addon/broozi/?src=search</p> <p>Internet Explorer: A browser-based content filter is available under the tools menu. Click Tools > Internet Options > Content and then the Enable tab under the Content Advisor menu. Here you can filter specific types of possibly offensive content like language, nudity, sex and violence or blacklist sites completely.</p> <p>Other Apps and Software: For more information on pornography blocking software or apps, see the table below.</p>	<p>(Klosowski, 2011)</p>
--	---	--------------------------

<p>4. Disable internet on children's phones through network provider (only call and sms facilities)</p>	<p>VODACOM:</p> <ul style="list-style-type: none">- Call the data department on 155 from Vodacom phone. Ask the agent to cut off the internet services on your child's SIM card (de-provision the SIM from having internet access).- ADULT BLOCK on your child's Vodacom phone: Dial *111*123#, then select 'content management'. <p>MTN:</p> <ul style="list-style-type: none">- Call customer care or prepaid customers can call 173 from MTN phone- ADULT BLOCK on your child's MTN phone: Dial *101# and change profile settings to 'block content'. <p>VOX:</p> <ul style="list-style-type: none">- Request internet/sexual content blocking service for safe internet use at home. Email: help@voxtelecom.co.za	
---	---	--

LIST OF PORNOGRAPHY BLOCKING APPS AND SOFTWARE

NAME OF SOFTWARE/ APP/ CURRICULUM	REFERENCE	FEATURES	INDIVIDUAL/ FAMILY/ BUSINESS/ SCHOOL	DIVICES/PLATFORMS
Net Nanny	(8 of the Best Paid Porn Blocker Software and Apps, 2017) (Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Masks profanity. ▪ Sends alerts and reports of website access ▪ Manage remotely. ▪ Blocks pornography by real time filtering website content. 	Individual/family	Windows, Apple, Android, iOS
Adult Blocker	(8 of the Best Paid Porn Blocker Software and Apps, 2017)	<ul style="list-style-type: none"> ▪ Plugin facility. ▪ Password protected: children cannot surpass restrictions made by parent. ▪ Locks pages with unwanted information. ▪ Can disable plugin for period of time. ▪ Can make black and white lists – restricted or allowed websites. ▪ Adult Blocker icon can be hidden so children cannot view it. 	Individual/family	PC platforms: Chrome, Firefox and Opera
Covenant Eyes	(8 of the Best Paid Porn Blocker Software and Apps, 2017)	<ul style="list-style-type: none"> ▪ Aged-based content ratings- easy to see when someone tries to access inappropriate websites. ▪ Panic Button that user can press to switch entire internet access. ▪ Optional filtering – extra wall for kids. ▪ Use as a web browser instead of Safari. ▪ Customized report for clear view of Internet use. ▪ Accountability options. 	Individual/Family	Windows, Mac, OS, iPhone, iPod, iPod Touch, Android, Tablets and Kindle Fire (HD)

PureSight	(8 of the Best Paid Porn Blocker Software and Apps, 2017)	<ul style="list-style-type: none"> ▪ Multiple devices. ▪ Porn web filtering which adapts real time changes. ▪ Select specific software to block from downloading by children. ▪ Define family internet policies, view reports and question on inappropriate activities. 	Individual/Family	Android, iOS, Windows
BSecure Family Safety	(8 of the Best Paid Porn Blocker Software and Apps, 2017)	<ul style="list-style-type: none"> ▪ Complete web-based configuration and reporting. ▪ Accountability options for adults who need self-control. ▪ Blocks filter breaking proxy utilities. 	Family	Windows, iOS, Mac, Android
Net Angel	(8 of the Best Paid Porn Blocker Software and Apps, 2017)	<ul style="list-style-type: none"> ▪ Easy installation on all devices. ▪ Protect devices from porn and adult content inside and outside home on any network. ▪ Manage all connected devices remotely. ▪ For computers, laptops, smart phones, smart TVs, tablets and game consoles. 	Family	iOS, Android, Linux, Windows
Qustodio	(Shiple, 2017) (Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Restrict website according to preferences. ▪ Limit device screen time. ▪ Call and SMS tracking and monitoring. ▪ Real-time location tracking. ▪ Block time apps and games. 	Family	Android, iOS
Symantec Norton Family Premier	(Norton Family) (Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Website browsing history and live tracking. ▪ Custom parental alerts. ▪ Device location tracking. ▪ Device usage timer. ▪ SMS and Call monitoring. 	Family	Android
K9 Web Protection (free)	(K9 Web Protection)	<ul style="list-style-type: none"> ▪ Block websites in more than 70 categories. ▪ Safe-search on all major search engines. ▪ Time restrictions at designated times. ▪ Custom list for allowed and blocked websites. ▪ Override web page block with password. ▪ Enhanced anti-tampering that children cannot break. 	Individual/family/organization/business/schools	Windows, Mac, iOS, Android, iPhone. iPad

		<ul style="list-style-type: none"> ▪ Reports to monitor web activity. ▪ Real-time categorization of new adult and malicious sites. 		
Mobicip	(Mobicip) (Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Block age-appropriate devices. ▪ Monitor app downloads. ▪ Time limits on internet usage. 	School/ Business/ Family	Android
SafeSurfer	(Top 10 Porn Blocking Apps 2018, 2018)	<ul style="list-style-type: none"> ▪ Dedicated and automatic porn blocking feature. ▪ Patented SafeSurfer technology. ▪ PIN code access to blocked websites. ▪ Blocks potentially harmful Google searches. 	Family	All major smart phone browsers: Chrome, Firefox and Opera
xBlock Porn Blocker	(Top 10 Porn Blocking Apps 2018, 2018)	<ul style="list-style-type: none"> ▪ Works with Safari browser. ▪ Automatically hides potential harmful images. ▪ Blacklisting and custom support options. ▪ Passcode settings access. 	Individual/Family	iOS, iPhone
Shield Porn Blocker	(Top 10 Porn Blocking Apps 2018, 2018)	<ul style="list-style-type: none"> ▪ Family subscriptions. ▪ Settings and features passcode protected. ▪ Works with Safari browser. 	Individual/family	
OurPact Parental Control	(OurPact)	<ul style="list-style-type: none"> ▪ Create custom app rules. ▪ Block SMS and call functions. ▪ Find my iPhone settings. ▪ Porn blocker feature. 	Family	iOS
Spyzie	(Spyzie)	<ul style="list-style-type: none"> ▪ Track location, phone calls, messages, WhatsApp, Facebook, downloads and browsing history. ▪ Keylogger functions. ▪ IM service tracking. ▪ Accessible from App and Web Browser anytime and anywhere. 	Family	iOS, Android
Netsweeper (not sure if available in RSA)	(Netsweeper)	<ul style="list-style-type: none"> ▪ Employees restricted from viewing web content that could damage the organization's reputation. ▪ New BYOD trend – any device connected to WI-FI network can be filtered. 	Business organizations	All devices

		<ul style="list-style-type: none"> ▪ No software installation required – filtering takes place using device’s IP address. ▪ Reports on internet usage. 		
OpenDNS (free versions and priced versions)	(OpenDNS) (Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Applies to all devices – laptops, smartphones, tablets, DVRs, game consoles, TVs. ▪ Built-in identity theft protection. ▪ Parental control. ▪ Customizable filtering. ▪ Retain one year of internet stats on home network. ▪ Restrict internet access to specific white-listed domains. ▪ Free email support. 	Family/small business	All devices
Circle with Disney	(Circle with Disney) (Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Time limits for Apps. ▪ Age appropriate filters. ▪ Block ads. ▪ Rewards for good behaviour. ▪ Pairs with home WI-FI and allows you to connect to every device. ▪ No software installation needed. 	Family	All devices on home network
Kaspersky Safe Kids	(Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ No limits on devices and child profiles. ▪ Flexible control of device usage time. ▪ Content filter can block bad sites or warn the user. ▪ Geofencing for mobile devices. ▪ Extensive alert system. ▪ Social network monitoring. ▪ Can block or time-limit apps. 	Family	Android – call and text monitoring
SafeDNS	(Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Filters dangerous and objectionable websites for all devices on home network. ▪ Optional local agent for Windows PC. ▪ Multiple profiles with time scheduling. ▪ Reports on sights visited and blocked. 	Family	All devices
Clean Router	(Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Parental control and monitoring of every device on your network. ▪ Enforces Safe Search. 	Family	All devices

		<ul style="list-style-type: none"> ▪ Device-specific internet time scheduling. ▪ Repots all sites visited and blocked. ▪ Optional daily activity email. 		
uKnowKids Premier	(Rubenking & Moore, 2018)	<ul style="list-style-type: none"> ▪ Comprehensive iOS support. ▪ Tracks Facebook, Twitter, Instagram and mobile device use. ▪ Notifies parents of risky posts. ▪ Track's child's location with optional geofencing. ▪ Finds hidden social media accounts. ▪ Tracks calls and texts on mobile devices. 	Family	Smartphones, iOS
Boomerang	(Boomerang)	<ul style="list-style-type: none"> ▪ Block apps ▪ Monitor calls/texts and YouTube app viewing history ▪ Safe browsing ▪ Free 14-day trial ▪ Parent can control child's device from his/her own device ▪ Check up on current location ▪ Time-out device or grant more time ▪ Communicate in family messenger ▪ Apple devices = free; Android = to be purchased 	Family	iPhone, iPad, Android
Funamo	(Funamo)	<ul style="list-style-type: none"> ▪ Internet filtering: enable clean internet with filtering of inappropriate web sites. ▪ Device monitoring: automatically log device activities and upload history to the server. ▪ Application control: password protect applications and set time limit for apps and device. ▪ Cloud solutions: change settings and review activities remotely online at any time 	Family	All Android devices
Ever Accountable	(Ever Accountable)	<ul style="list-style-type: none"> ▪ Help to quit porn through an accountability app ▪ Free 14-day trial 	Individual (men and women)	Windows, Apple, Chrome, other
Netspark mobile	(Netspark)	<ul style="list-style-type: none"> ▪ Dynamic content filtering ▪ Secure content filtering 	Family	Android, Windows

		<ul style="list-style-type: none">▪ In-App filtering▪ Time usage limits▪ Location supervision▪ Uninstall protection▪ Browser independence		
--	--	---	--	--

HOW CAN PARENTS PROTECT CHILDREN FROM APPS WITH DANGEROUS DOORS TO THE INTERNET?

FILTERING 201: DOORWAYS TO HIDDEN PORN ON EVERY SMARTPHONE	FEATURES AND INFORMATION	REFERENCE
<p>1. The App Store (iOS) and Google Play (Android)</p>	<ul style="list-style-type: none"> • They do not contain explicit hard-core porn or nudity, but there are suggestive Apps that provide unwanted information and screenshots and technical solutions for evading parental controls. They are both mini search engines. • Disable the App Store (McKenna, 2017 January). • Be involved in all app store searching until the child is at least 16 years old. • Incorporate the 7-day rule: Before allowing children to use a new app, parents need to use the app for 7 days straight. This is because the content of pop-up ads changes frequently and it becomes progressively more edgy. After 7 days, if it is proved to be an appropriate app for the child according to the parent, the child may have access to the app. 	<p>(Hidden Porn: Apps with Dangerous Doors to the Internet, 2017)</p>

<p>2. Red Flag Apps (non-social media)</p>	<ul style="list-style-type: none"> • Reddit: A popular app that markets itself as a front page of the internet and aggregates similar web-based content into communities for faster access. It is easy to create an account and lie about your age by indicating “I am over 18 and willing to view adult content” and login on the app and search for pornography. • Imgur: It uses GIFs, images and comments of many other websites, including <i>Reddit</i>. It is full of inappropriate media. • GIPHY: No pornographic GIFs have been found but each GIF includes a link to the website where the animated image is hosted, which allows easy in-app access to <i>Reddit</i>, <i>Imgur</i> and other websites, without ever leaving the <i>GIPHY</i> app. • Regularly check the app inventory on the child’s phone. “Discover apps that might have been intentionally hidden” on the device (Carey, 2017). 	<p>(Hidden Porn: Apps with Dangerous Doors to the Internet, 2017)</p>
<p>3. Hidden Google Searches</p>	<ul style="list-style-type: none"> • Hidden browsers are almost everywhere. Google search can be accessed through the apps <i>Holy Bible</i>, <i>Pinterest</i>, <i>Facebook</i>, <i>Crossy Road</i> and <i>Delta</i>. Even though “<i>Limit Adult Content</i>” has been enabled on the iPhone, these hidden Google searches do not obey those limitations on the phone. • <i>Covenant Eyes</i> released a new accountability app for iOS devices with technology that forces Google and Bing into safe search mode no matter where it is accessed. 	<p>(Hidden Porn: Apps with Dangerous Doors to the Internet, 2017)</p>

<p>4. Story Apps (Episode, Hooked Chat Stories) directed at kids</p>	<ul style="list-style-type: none"> • Pop-up ads for apps like Episode and Hooked Chat Stories are showing up on popular animated kids gaming apps. These story apps are rated “12+ and Teen”, however they contain images of people hooking up in closets, pregnancy tests, and making out. These should rather be rated “17+”. For more information about these apps follow the link: https://protectyoungeyes.com/apps/ • Teach children the “don’t click” principle, i.e. don’t click on pop-up ads. 	<p>(Hidden Porn: Apps with Dangerous Doors to the Internet, 2017)</p>
<p>5. Social Media Apps</p>	<ul style="list-style-type: none"> • All social media winds down to hidden porn, because users can upload any content they want to, and App producers have to rely on the users to report inappropriate content. • Snapchat: the Discover section of Snapchat contains content that is inappropriate for children and there is no way to turn it off (McKenna, 2017 May). • Instagram: Instagram has a serious hidden porn problem. Users call it “Instaporn”, because it takes 6 clicks in less than 4 seconds to access it. There are no parental controls on the app (McKenna, 2017 June). • Pinterest: besides the boards of recipes and crafts there are entire boards of pornographic content (Pinterest App Details). • Wait until your child is in high school before giving him/her access to Instagram and Snapchat. 	<p>(Hidden Porn: Apps with Dangerous Doors to the Internet, 2017)</p>

	<ul style="list-style-type: none">• Talk open and often. Ask your children, if they use these apps, if they have been exposed to porn on these apps• Make an individual assessment on whether your child is ready for social media (McKenna, 2017 February).	
--	---	--

BIBLIOGRAPHY

8 of the Best Paid Porn Blocker Software and Apps. 2017, April 19. *Spyzie* [Web log post]. Available: <https://www.spyzie.com/block/porn-blocker.html> [2018, January 30].

Boomerang [Online] Available: <https://useboomerang.com> [2018, January 30].

Carey, C. 2017, October 10. How to Hide Apps on iPhone (& How to Find Them Later on) Updated for iOS 11. *iPhone Life Magazine*. [Web log post] Available: <https://www.iphonelife.com/content/how-to-hide-apps-iphone-how-to-find-them-later> [2018, January 30].

Circle with Disney [Online] Available: <https://meetcircle.com/circle/filter/> [2018, January 30].

Covenant Eyes [Online] Available: http://www.covenanteyes.com/?idev_id=1118 [2018, January 30].

Ever Accountable [Online] Available: <https://everaccountable.com> [2018, March 15].

Filtering 101: Protect Kids from Porn on New Devices. 2017, December 28. *Protect Young Minds* [Online] Available: <https://protectyoungminds.org/2017/12/28/filtering-101-protect-kids-porn/> [2018, January 30].

Funamo [Online] Available: <https://www.funamo.com> [2018, January 30].

Good Pictures Bad Pictures Books. *Protect Young Minds* [Online] Available: <https://protectyoungminds.org/books/> [2018, January 30].

Hidden Porn: Apps with Dangerous Doors to the Internet. 2017, December 14. *Protect Young Minds* [Online] Available: <https://protectyoungminds.org/2017/12/14/hidden-porn-apps-dangerous-doors/> [2018, January 30].

Jenson, K. 2017, July 27. One Secret to Make Embarrassing Talks Easier for Kids. *Protect Young Minds*. [Web log post] Available: <https://protectyoungminds.org/2017/07/27/make-embarrassing-talks-easier/> [2018, January 30].

- Jenson, K. 2014, March 21. The Porn Talk: Five Tips Every Parent Needs to Know. *Protect Young Minds*. [Web log post] Available: <https://protectyoungminds.org/2014/03/21/the-porn-talk-five-tips-every-parent-needs-to-know/> [2018, January 30].
- K9 Web Protection [Online] Available: <http://www1.k9webprotection.com> [2018, January 30].
- Klosowski, T. 2011, December 17. Ask LH: How Do I Set Up Non-Annoying Parental Controls on All My Devices? *Lifehacker* [Web log post] Available: <https://www.lifehacker.com.au/2011/12/ask-lh-how-do-i-set-up-non-annoying-parental-controls-on-all-my-devices/> [2018, January 30].
- McKenna, C. 2017, December 10. Set Parental Controls on Christmas Presents. *Protect Young Eyes*. [Web log post] Available: <https://protectyouneyes.com/parental-controls-christmas-devices/> [2018, January 30].
- McKenna, C. 2017, August 13. 3 Reasons to Turn Off (Disable) the App Store. *Protect Young Eyes*. [Web log post] Available: <https://protectyouneyes.com/3-reasons-turn-off-disable-app-store/> [2018, January 30].
- McKenna, C. 2017, June 11. Instagram's Porn Problem (Instaporn) – Still Kid Safe? *Protect Young Eyes*. [Web log post] Available: <https://protectyouneyes.com/instagram-porn-problem-instaporn-kid-safe/> [2018, January 30].
- McKenna, C. 2017, May 30. 5 Days of Snapchat Discover – Parents Beware (Shocking!). *Protect Young Eyes*. [Web log post] Available: <https://protectyouneyes.com/snapchat-discover-parents-beware-shocking/> [2018, January 30].
- McKenna, C. 2017, February 19. What's the Right Age to Give My Kid Social Media? *Protect Young Eyes*. [Web log post] Available: <https://protectyouneyes.com/whats-right-age-social-media/> [2018, January 30].
- Mobicip [Online] Available: <http://www.mobicip.com> [2018, January 30].
- Netspark. [Online] Available: <http://netspark.com/#MoreInfo> [2018, March 15].
- Netsweeper [Online] Available: <https://www.netsweeper.com> [2018, January 30].
- Norton Family. *Norton by Symantec* [Online] Available: <https://family.norton.com/web/> [2018, January 30].

OpenDNS. Cisco [Online] Available: <https://www.opendns.com/home-internet-security/> [2018, January 30].

OurPact [Online] Available: <http://ourpact.com/> [2018, January 30].

Pinterest [Online] Available: <https://protectyoungeyes.com/content/pinterest/> [2018, January 30].

Protect Young Minds > Blog [Online] Available: <https://protectyoungminds.org/blog/> 2018, January 30].

Protect Young Minds > Resources [Online] Available: <https://protectyoungminds.org/resources/> [2018, January 30].

Rubenking, NJ & Moore, B. 2018, January 26. Qustodio. *PCMag* [Web blog post] Available: <https://www.pcmag.com/article2/0,2817,2346997,00.asp> [2018, January 30].

Shiple, R. 2017, February 28. Qustodio Premium 5 Review. *10TopTenReviews* [Web log post] Available: <http://www.toptenreviews.com/software/security/best-internet-filter-software/qustodio-review/> [2018, January 30].

Spyzie [Online] Available: <https://www.spyzie.com> [2018, January 30].

Top 10 Porn Blocking Apps 2018. 2018, January 11. Spyzie [Web log post] Available: <https://www.spyzie.com/block/top-porn-blocking-apps.html> [2018, January 30].

Virtue in Media [Online] Available: <https://virtueinmedia.com/coming-soon/> [2018, January 30].